

THE  
**SHORES**  
OF PORT CREDIT  
Senior Living Community



ADDRESS:

**280 Lakeshore Road West  
Mississauga, ON L5H 0A5**

**THE SHORES, A VIBRANT LIFESTYLE DESIGNED  
SO YOU CAN LIVE YOUR WAY – EVERY DAY**

Filled with beautifully appointed spaces, exceptional care, intelligent technology, and exciting leisure experiences. The Shores of Port Credit takes urban senior living to a luxe level.



## THE SHORES OF PORT CREDIT WELLNESS SERVICES

### [ASSISTED LIVING](#)

We understand everyone is unique and deserves care. Our Assisted Living program is designed to accommodate individual strengths while living purposefully and with spirit, energy, and confidence. Your changing needs are met with respect by our round-the-clock registered care team to ensure that your quality of life is the best it can be at every level.

### [MEMORY CARE](#)

Our specialized programming and care for those living with the effects of Alzheimer's and dementia is focused on safety and a peaceful environment for both our residents and their family. In addition to highly specialized households, we offer professionally directed activities that include brain fitness, cueing, reminder exercises, and health management that is customized to the individual's needs.

### [WELLNESS HOUSEHOLD](#)

Your health is not only your top priority, but ours as well. As part of The Shores mind-body wellbeing mission, we offer exceptional amenities to keep the body healthy and the mind active. We also have professionally trained personal care team members, licenced nurses, and doctors on-call as part of our wellness program. The Shores team is here to help guide and support your healthy lifestyle.

